Alienation- Early Interventions
Shifting couples from Alienation into Connection

Couples present with multiple relationship issues and often on the verge of separating. Specialists know that though challenging, Conjoint Couple Therapy remains the most effective treatment modality for the vast majority of presenting complaints and especially to help couples shift beyond destructive conflicting patterns into understanding the complexity of the different dimensions of problematics that affect their ability to maintain a healthy balance between their parental and marital positions. This complexity often involves the impact of trauma, infidelity, violence, mental problems and parenting issues. Many therapeutic approaches to Couple Therapy have been developed by different experts and Dr. Azzopardi draws from various models and paradigms effective tools and techniques combining a coherent, though complex, understanding for shifting couples beyond this spiral of alienation and into a cycle of connection. This workshop presents the multi-level processes of Advanced Strategic Couples Therapy and introduces participants to strategic conceptualisation.